



instructor & coach training & certification

adapted from:

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Coach Certification
Archery Canada

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the New NCCP

Community Sport	Instruction	Competition
<ul style="list-style-type: none">• Initiation• Ongoing Participation• facilitators trained by NSF	<ul style="list-style-type: none">• Beginners• Intermediate• Advanced• facilitators trained by CAC	<ul style="list-style-type: none">• Introduction• Development• High performance• facilitators trained by CAC
<ul style="list-style-type: none">• evaluation of coaches for certification purposes is the responsibility of the NSF		

Instruction Stream - Beginners and Intermediate

Coaches in the Instruction stream must have sport-specific skills and training, whether coaching at the Beginner or Intermediate skill levels. Many are former participants in the sport.

The Instruction stream has two different contexts of workshops: Beginners and Intermediate performers.

Coaches in the **Beginners** context of Instruction, are usually working with participants in the FUNdamentals LTAD stage, who are experiencing the sport for the first time through a series of lessons. Typically there's no formalized competition at this level -- it's strictly about skill development and there is a short timeframe of interaction between the coach and the participant.

Coaches in the **Intermediate** context of Instruction are instructors who are specifically there to assist athletes in the Learn to Shoot LTAD stage to refine or enhanced technical skills, and in some cases, tactical development specific to their sport.

Workshop Training

Plan a Practice - Analyze Performance - Ethical Decisions
Provide Support to Athlete in Training

Workshop Evaluation

Case Studies - Presentations
Observation and Interventions
LF Evaluation



Instructor of Beginners Trained

Portfolio Evaluation

Practice Plan - Observation Plan - EAP - Workbook
Skills Inventory (6)

Make Ethical Decisions

On - line Evaluation



Instructor of Beginners Certified

Instructor Intermediate Pathway to Certification

Workshop Training
(Integrated)



Workshop Evaluation

(during Workshop)

- Case Studies
- Presentations

= **Instructor Intermediate Trained**



Portfolio Submission (Post Workshop)

- Lesson Plan
- Observation Plan
- EAP
- Workbook
- Skill Set Inventory (6)



On- Site Evaluation (Post Workshop)

Evaluation of practice and intervention with Intermediate athlete (video or live)

Instructor Intermediate Certified



Competition Coach

Coaches in the Competition stream usually have previous coaching experience or are former athletes in the sport. They tend to work with athletes over the long term to improve performance, often in preparation for provincial, national, and international competitions.

There are three contexts of workshops for competition coaches that reflect the stages of athlete development: Introduction, Development and High Performance.

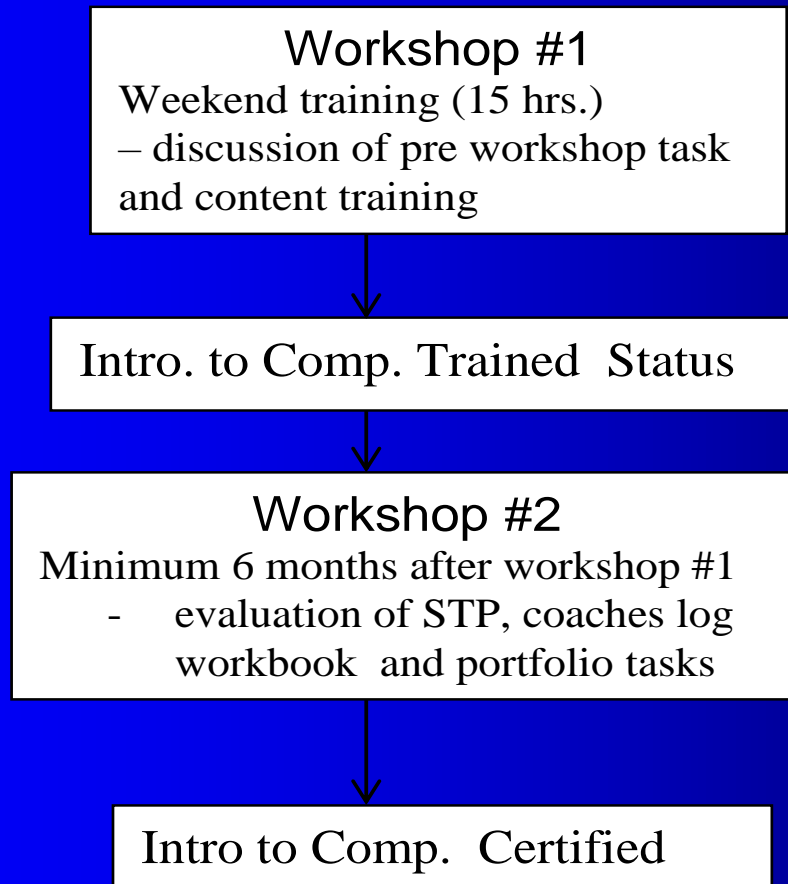
The **Introduction** context of competition workshops are designed for coaches of athletes moving from the Learn to Shoot to the Train to Shoot LTAD stages.

The **Development** context of competition workshops are designed for coaches of athletes ranging from the Train to Shoot to the Train to Compete LTAD stages.

The **High Performance** context of competition workshops are typically reserved coaches of athletes in the Train to Excel stage of LTAD, although there is the possibility of some phasing in of a Train to Compete athlete into the High Performance level because of the fluidity of the stages of long-term athlete development. Coaches in this context require specific skills and abilities in order to meet the needs of their athletes.

Certification Pathway Introduction to Competition

The workshop #1 is a 15 hour weekend Training Workshop. Candidates will achieve “Trained Status” at the end of Workshop #1. Workshop #2 – to be held **6 months after the first workshop** – is a combination training and evaluation workshop. The tasks for each chapter, the accompanying workbook exercises, log book and Seasonal Training Plan (STP) will be evaluated as part of Workshop #2. Candidates will achieve “Certified Status” upon successful completion of Workshop #2.



Competition - Development Certification Pathway

There is a major departure in the presentation of material and the path toward certification in the Competition – Development context. Unlike all other Archery Canada contexts, the candidate must have the following NCCP multi-sport courses completed in order to attend Archery Canada’s Competition – Development workshops:

Making Ethical Decisions

Coaching and Leading Effectively

Developing Athletic Abilities

Prevention and Recovery

Managing Conflict

Leading Drug-free Sport

Psychology of Performance

The workshop #1 is a 15 hour weekend Training Workshop. Candidates will achieve “Trained Status” at the end of Workshop #1. After Workshop #1 and Before Workshop #2 an in practice evaluation and YTP review will be conducted. Workshop #2 – **to be held 1 year after the first workshop** – is a combination training and evaluation workshop. The tasks for each chapter, the accompanying workbook exercises, log book and Yearly Training Plan (YTP) will be evaluated as part of Workshop #2. Candidates will achieve “Certified Status” upon successful completion of Workshop #2 and in-competition evaluation.

Pre Workshop Requirements

- Making Ethical Decisions module and online evaluation
- Coaching and Leading Effectively
- Managing Conflict module and online evaluation
- Developing Athletic Abilities
- Leading Drug-free Sport module and online evaluation
- Prevention and Recovery
- Psychology of Performance

Workshop #1

Weekend training (15 hrs.)
– Discussion of pre workshop task and content training
- Candidate trained

YTP submitted to
Evaluator

In Practice Evaluation

Workshop #2

Minimum 1 year after workshop 1
- evaluation of YTP, coaches log book and portfolio tasks

In Competition Evaluation

Comp. Dev. Certified

NCCP Coach Developers

Who coaches the coaches?

Coach Developers do!

According to the International Council for Coaching Excellence (ICCE), Coach Developers “are not simply experienced coaches or transmitters of coaching knowledge – they are trained to develop, support, and challenge coaches to go on honing and improving their knowledge and skills in order to provide positive and effective sport experiences for all participants.” In short, Coach Developers need to be experts in learning, as well as experts in coaching.

Archery Coach Developers include Master Learning Facilitators, Learning Facilitators, Master Evaluators and Evaluators for the Streams and Contexts.

NCCP Coach Developer Training

Who coaches the Coaches?

Coach Developers

- “... not simply experienced coaches or transmitters of coaching knowledge –
- “... trained to develop, support, and challenge coaches to go on honing and improving their knowledge and skills in order to provide positive and effective sport experiences for all participants.”

Coach Developers - experts in learning, as well as experts in coaching

Who are the Coach Developers?

- Learning Facilitators
- Advanced Learning Facilitators
- Master Learning Facilitators

- Coach Evaluators
- Advanced Evaluators
- Master Evaluators

NCCP Coach Developer Training

Coach
Developer

Core Training

Content-specific
Training

Co-delivery

Trained

Evaluation

Certified

Learning Facilitator

training and certification pathway

attend Core LF Training

access through provincial sport federation

attend Archery Workshop LF Training

Archery Workshop content

Status: **In Training**

observe a Workshop

delivered by an MLF

co-facilitate a Workshop

with an MLF

Status: **Trained**

facilitate complete workshop

evaluated by MLF

Status: **Certified**

Core Training

Modules:

- Overview of the workshop and the NCCP
- Functions of a Learning Facilitator
- Elements of an effective learning activity
- Stages of group development
- Nature of the group

Content-specific Training

Guidelines/Modules:

- Micro-facilitation of module content
- Administration of the module
- Locker training
- Review and sign NCCP Coach Developer Code of Conduct
- Review LF evaluation standards and the evaluation process

in training

Co-delivery

Process:

- Prebrief
- Co-facilitation
- Debrief

trained

Evaluation

Process:

1. Prebrief
2. **Formal observation**
3. Debrief
4. Action plan
5. Final recommendation

certified

